

# Low Vision Medical Certificate

Ophthalmologist / Optometrist Medical Report

# VISABILITY

Personal Details		
Surname:	First Name:	
Address:	Post Code:	
Phone:	Mobile:	
Date of Birth:	<input type="checkbox"/> Male <input type="checkbox"/> Female	DVA Gold Card: <input type="checkbox"/> Yes <input type="checkbox"/> No
Date of Certificate:	Date of Assessment:	

Diagnosis	RE	LE	Date of Diagnosis
Age-related Macular Degeneration (wet/scar)			
Age-related Macular Degeneration (dry/atrophy)			
Diabetic Retinopathy			
Retinitis Pigmentosa			
Glaucoma			
Cataract			
Other:			

Visual Acuity	RE	LE	Both
Best corrected distance visual acuity	__/__	__/__	__/__
Is the corrected visual acuity less than 6/60 in each eye?	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Visual Field	RE	LE
Peripheral field remaining in degrees from fixation OR Describe visual field loss <i>(Please provide a copy of the most recent field test)</i>	°	°
Is the field of vision constricted to 10° or less from fixation? <i>(ie. Less than 20° diameter)</i>	<input type="checkbox"/> Yes <input type="checkbox"/> No	

Combination of Visual Acuity and Visual Field Loss
<b>If visual acuity is NOT less than 6/60 and field of vision is NOT constricted to less than 10° from fixation:</b> Does the combined effect of reduced visual acuity and reduced field of vision result in the same degree of impairment as <6/60 or <10° from fixation? <i>(ie. Less than 15% visual efficiency)</i>
<input type="checkbox"/> Yes <input type="checkbox"/> No

Is the level of vision listed above permanent?	<input type="checkbox"/> Yes <input type="checkbox"/> No
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Relevant Medical Conditions
Description:

Referrer Details	
Name:	<input type="checkbox"/> Ophthalmologist <input type="checkbox"/> Optometrist
Address:	
Phone:	Signature:

## **Independent Living Services**

**Our Independent Living services help people to develop essential skills to stay confident, healthy and connected to their communities. This includes providing support and assistance to aid in decision-making and self-management. Our services include the following:**

### **Low Vision Centre**

Our Low Vision Centre staff can assess your vision and prescribe equipment such as magnifiers and lighting to assist with reading, craft and watching TV.

### **Acquired Brain Injury Vision Service**

The Acquired Brain Injury Vision Service assists people with neurological vision impairment to maximise remaining vision to live safely and independently.

### **Occupational Therapy**

Occupational Therapists can suggest practical ways for you to continue cooking, shopping, using the telephone and writing, or to manage other everyday tasks.

### **Orientation and Mobility**

Our Orientation and Mobility Instructors can support you in maintaining independent and safe travel. This includes using public transport and crossing roads, with the use of mobility aids.

### **Social Work**

The Social Work team works with people whose vision has changed recently or over the longer term. Services include emotional support, counselling, advocacy and connecting with financial and community services. Social Workers can also advise about your entitlements.

### **Assistive Technology**

Our Assistive Technology Consultants assess and recommend suitable equipment, such as video magnifiers and computers, for home and in the workplace. Staff also run iPhone and iPad information groups on a regular basis.

### **Telelink**

The Telelink program links individuals by telephone on a conference call to a set group of people with vision impairment on a regular time and day. Some are education based, with guest speakers and topics, while others are more social in focus.

### **Group Programs**

Group programs are run to provide participants and/or their carers with an understanding of the causes and effects of vision loss; strategies to cope with vision loss and equipment that can help with everyday tasks.

### **Leisure Program**

The Leisure program enables people to learn new skills and provides an opportunity for peer support through participation in creative and sensory activities.

### **Sport and Recreation Program**

Through the Sport and Recreation program, participants increase their health and fitness, physical mobility, wellness, confidence and self esteem.

### **On 2 Employment**

The On 2 Employment program works with motivated candidates who are keen to join the workforce, matching them with potential employers to secure suitable roles.

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## **How to contact us**

VisAbility, 61 Kitchener Avenue, Victoria Park WA 6100

Post: PO Box 101, WA 6979

Phone: 1800 847 466

Fax: (08) 9361 8696

Email: [info@visability.com.au](mailto:info@visability.com.au)

Web: [visability.com.au](http://visability.com.au)

ACN: 604 293 209 ABN: 11 157 291 960